Lecture 2:

Thermodynamics and Statistical Mechanics

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Laws of Thermodynamics

First Law:

 \rightarrow energy cannot be created or destroyed: $\Delta E = E_{in} - E_{out}$

$$\Delta U = Q - W$$

U ... internal energy of a system

Q ... heat the system receives from the environment

W ... work done by the system

- heat is treated separately from other forms of E:
 - -historically (heat engine: motor that converts heat into E)
 - -results from kinetic energy and random motion of molecules
 - -least organized form of energy
- *⇒ system* is a part of the universe under study, the rest is *surroundings*
- → Units: calorie=energy needed to heat 1g H₂0 from 14.5 to 15.5 C at atmospheric pressure; 1 cal = 4.184 J

Enthalpy H:

→ Classic thermodynamic property of a system:

$$\mathbf{H} = \mathbf{U} + \mathbf{p}\mathbf{V}$$

U ... internal energy of a system

p ... external pressure

V ... volume of the system

→ Changes: $\Delta H = \Delta (U + pV) = \Delta U + \Delta p V + p \Delta V$

or

$$\Delta U = \Delta H - \Delta p V - p \Delta V = Q - W$$
, where $W = p \Delta V$ (W ... work done by the system: $W = \int F dx$)

SO

$$\mathbf{Q} = \Delta \mathbf{H} - \mathbf{V} \, \Delta \mathbf{p}$$

The heat which is provided to the system is associated with:

- the change in the enthalpy of a system
- the energy needed to change the pressure of the system

$$\Delta \mathbf{H} = \mathbf{Q} + \mathbf{V} \, \Delta \mathbf{p}$$

Most biological processes occur at p=const., thus $\Delta H \approx Q$.

Entropy S:

- → Rudolf Clausius and heat machines to convert heat into work (~1%) Where is the remaining 99% of energy?
 - -if the change occurs at a constant T:

$$\Delta S = Q/T$$

S ... entropy of a system

T ... absolute temperature of a system [K]

-if the heat flows from T_1 to T_2 ($T_1 > T_2$):

$$\Delta S = Q/T_2 - Q/T_1$$

→ S: *trope* [Greek] ... transformation & energy → entropy

S is a measure of disorder in a system and is associated with a number of different ways a system can be in one energy state:

- -only a few ways to arrange molecules at a given temperature \rightarrow ordered system with a low S
- -many possible ways to arrange molecules at a given temperature \rightarrow disordered system with a high S

Gibbs Free Energy G:

→ Gibbs used Clausius's definition of S to define available energy that can be converted into work: free energy (as opposed to the energy lost through dissipation):

$$G = H - TS$$

- G ... the energy that remains in the system after the energy losses due to dissipation are accounted for
- → Gibbs energy change during a process occurring at constant T:

$$\Delta G = \Delta H - T \Delta S$$

For a process that occurs spontaneously, $\Delta G < 0$, that is the final state has always a lower free energy than the initial state!

- → This principle is in a way analogous to F=ma (Newons's 2nd law) as it drives all spontaneous processes, including chemical reactions.
- → The process that takes the system from state A to state B will occur spontaneously only if $\Delta G < 0$

The Second Law of Thermodynamics

→ One way to state the second law is:

In any process, when considering a system with its surroundings, the entropy will either remain constant or increase.

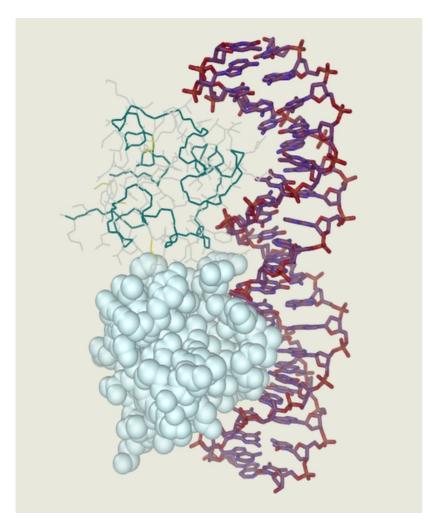
→ DISCUSSION:

Does a life form violate the second law of thermodynamics?

Life form:

- 1. take energy from outside and create order
- 2. propagate the order by having offspring
- → The Gibbs function principle ΔG <0 has the second law of TD build in. What drives the process forward?
 - a system releases energy, $\Delta H < 0$, process enthalpy driven
 - increasing disorder, $\Delta S>0$, process entropy driven
 - changing temperature, if $\Delta S>0$, then $\Delta T>0$ will result in $\Delta G<0$; if $\Delta S<0$, then $\Delta T<0$ will result in $\Delta G<0$

Example:



When a certain protein binds to DNA, the entropy decreases by 2 kcal/K. At the same time, the system releases 700 kcal of enthalpy.

- -What is the Gibbs free energy change for this binding process occurring at T=310K (37 Celsius)?
- -Is this process spontaneous?

Statistical Mechanics

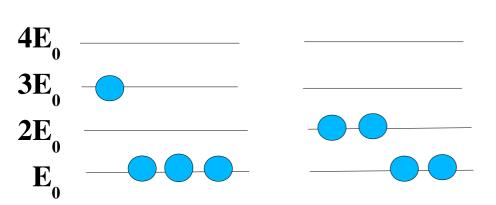
provides a mathematical framework to explain TD quantities of a system at the molecular level

- → For example: temperature is directly related to an average kinetic energy of atoms/molecules in the system
- → How is SM applied?
 - -devise a model that defines all possible microscopic states of the system (e.g., 5 states of hemoglobin molecule: # of O-atoms 0-4)
 - -assign energy differences between different microscopic states (preferably based on some experimental data)
 - -determine the number of different ways the molecules can distribute themselves among those energy states
 - -determine which of the above distributions are most likely to occur (mathematics of probability and distribution)
 - -knowing the distribution of energy and a probability of a molecule to be in each of the possible (allowed) energy states, we can derive all TD quantities

A SIMPLE EXAMPLE:

Our system has 4 molecules, each of which can have an energy that is a multiple of one energy unit E_0 of 10^{-20} J (but not zero). Assume that the total energy of the system is $6 E_0$.

In how many ways can you distribute the total energy among the 4 molecules?



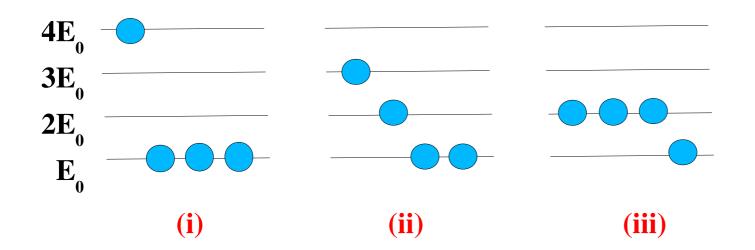
There are two states of the 4-molecule system with a total E of 6 E_0 .

Each of the two above distributions of molecules into the energy levels can be realized in several ways. *How many permutations of molecules lead to each of the two distributions?*

left distribution: 4 permutations right distribution: 6 permutations

There are in total 10 *permutations* of molecules to be arranged into the energy levels, which are all *equally likely to occur*. Of the two distributions, the left one has thus 0.4 and the right one has 0.6 occurrence probability.

A SIMPLE EXAMPLE WITH A SLIGHTLY HIGHER TOTAL E: Consider the same example with a total energy of $7E_0$ (instead of $6E_0$). How many distributions of 4 molecules into energy levels exist?



In how many ways (permutations) can molecules be arranged into each of the three distributions?

How do we calculate the total number of permutations, that is, different ways to arrange molecules in any given distribution?

$$\mathbf{W} = \frac{\mathbf{N!}}{\mathbf{n_1!} \ \mathbf{n_2!} \ \mathbf{n_3!} \dots \mathbf{n_L!}}$$

N ... total number of molecules

L ... total number of energy levels

n ... number of molecules on the energy level l

$$\mathbf{N} = \sum_{\mathbf{l}=1}^{\mathbf{L}} \mathbf{n}_{\mathbf{l}}$$

Remember: 0!=1; 1!=1; 2!=2 x 1=2; 3!=3x2x1=6; ...

EXAMPLE - INCREASE ENERGY AND NUMBER OF MOLECULES

What happens if we increase both the total energy and the number of molecules? Consider 10 molecules with a total energy of 18 E_{a} .

(1) Determine the maximal number of energy levels L.

A: 9

(2) Find all possible distributions of molecules into L energy levels.

A:22

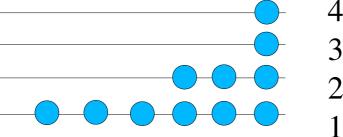
(3) Calculate the number of permutations for each distribution.

9111111111	(10)	5222211111	(1260)
8211111111	(90)	443111111	(360)
731111111	(90)	442211111	(1260)
7221111111	(300)	433211111	(2520)
6411111111	(90)	4322211111	(5040)
6321111111	(720)	422221111	(1260)
6222111111	(840)	3333111111	(210)
5511111111	(45)	3332211111	(2520)
5421111111	(720)	332221111	(3150)
5331111111	(360)	322222111	(840)
5322111111	(2520)	22222211	(45)

All permutations are equally likely regardless of which distribution they belong to. If we have a distribution with 100 permutations and distribution B with 5 permutations, then it is 20-times more likely that we will find the system in distribution A rather than in distribution B.

The total number of permutations in our example is 24,310:

- (1) the least permutations (10) corresponds to the distribution
 - 9 1 1 1 1 1 1 1 1 1 1 (occurrence probability $p=4.1 \times 10^{-4}$)
- (2) the most permutations (5,040) corresponds to the distribution
 - 43221111111 (occurrence probability p=0.21)



It could be shown that ignoring the 4 least probable distributions, the error is 1.5%!

Ignoring 45% of all distributions, we would still capture the correct distributions with 85% probability (15% error).

# of Molecules	# of Energy	# of States	# of
[Total Energy]	Levels	(Distributions)	Permutations
4 [6 units]	3	2	10
4 [7 units]	4	3	20
10 [18 units]	9	22	24,310

Biophysical system: # of molecules at least 1,000 and up to 10^{20} ! For a fixed average energy per molecule, 1.8 E_0 per molecule, then:

# of Molecules	# of Levels	# of Distributions	% Ignored Dists
			[error < 5%]
5	5	9	14.0%
10	22	<i>24,310</i>	<i>37.0%</i>
20	231	4.1×10^9	71.0%
• • •			
100	15.8×10^6	1.7×10^{52}	99.9%

Boltzmann Distribution

In the limit $N \to \infty$, the most probable distribution is Boltzmann distribution. We find it, if we can find n_i for all energy levels i from 1 to L. We assume that all energy levels between 1 and L are available and that L

is the total number of available energy levels.
$$N = \sum_{l=1}^{l} n_{l}$$

$$W = \frac{n_{l}! \quad n_{l}! \quad n_{l$$

Mathematically, to find the most probable distribution means to maximize W. The set of $n_{_{i}}$ that maximizes W is:

$$N_i = N/Z \exp(-\beta E_i)$$
 and $Z = \sum \exp(-\beta E_i)$ $i = \{1, ..., L\}$

Things to remember about the Boltzmann distribution (derived in 1860s):

- → the most probable distribution of N molecules over L energy levels
- → for any reasonable # of molecules and total energy, the Boltzmann distribution overshadows all other distributions
- → derivation of the functional form of the Boltzmann distribution uses Stirling's approximation [$log(N!) \approx N log(N)$], assuming N is a large number (at least 60)

Statistical Mechanical Calculations:

→ the fraction of molecules, F_i, in a particular energy level:

$$F_i = N/N = \exp(-\beta E_i) / Z$$
 (is also a probability)

→ The average energy:

$$\langle E \rangle = \sum_{i} E_{i} F_{i} = 1/Z \sum_{i} E_{i} \exp(-\beta E_{i})$$

Degeneracy of Energy Levels:

- → atoms/molecules exist in different states (e.g. a particular conformation of a macromolecule, a mode of vibration, ...)
- → in many cases, each state (of a macromolecule) has a unique energy level
- → sometimes, 2 or more distinct states (conformations, vibration modes)
 happen to have the same energy level: how do we deal with such cases?
 -distinct states occupying the same energy level are degenerate
 - -degeneracy of the E level = # of distinct states with this E level
- → partition function Z can be then expressed as:

$$Z = \sum \omega_i \exp(-\beta E_i)$$
 with $\beta = 1/(k_B T)$,

where the sum of over all energy levels (not all states) and $\omega_{_i}$ denotes the degeneracy of the energy level i.

Reference State and Relative Energy:

- \rightarrow define a reference state E_{ref} (E_{ref} does not need to be known!)
- \rightarrow define all energy levels relative to E_{ref} (in most cases the lowest energy state = ground state)
- → example: double-helix state of DNA as a reference state, partially or fully unwound states that are relevant to the situation under study defined with respect to this reference state

$$\Delta \mathbf{E}_{i} = \mathbf{E}_{i} - \mathbf{E}_{ref}$$

$$Z = \omega_{ref} + \sum \omega_{i} \exp(-\beta \Delta E_{i})$$

Here we considered a possibility of a reference state to be degenerate.

Biophysics with Gibbs free energy: $Z = 1 + \sum \omega_i \exp(-\beta \Delta G_i)$